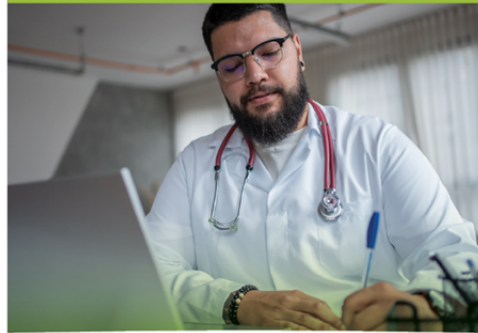


SPRING SERIES

Collaborative Medical Education

A monthly primary care grand rounds program of Northern Light Health



Wednesday, May 27, 2026 • 12:15 to 1 pm *(Rescheduled from April 29)*

Shades of Worry: Moving Beyond the GAD-7 to Individualize Anxiety Care

Jesse Higgins, PMHNP

Northern Light Acadia Hospital